

# Regarding parental participation in Family Centred ward Rounds

On the children's ward in Ziekenhuis Amstelland, as a parent / caregiver you can be actively present during the doctor's rounds. This gives you the opportunity to participate regarding the treatment of your child(ren). This leaflet provides further information for you.

## ***The doctor's rounds***

On the children's ward, doctors and nurses discuss with you how your child is doing and how the past day and night went, and plans are made for the coming day(s).

## ***How does it work?***

The doctor's rounds take place in the morning, in principle between 9.00-10.00/10.30 am.

The doctor's rounds for babies admitted to the neonatal care unit, take place in a separate room on the children's ward from 9 a.m. Please tell the nurse whether you will be present a day in advance. 10 minutes before the arranged time you can take a seat in the "coffee corner" where you will be picked up. The nurse will show you both rooms.

For children admitted to their own room on the children's ward, doctor's rounds take place there. The doctor and nurse will visit you.

For some children who have been on the ward for some time and are stable, doctor's rounds may not be daily, but 3 times a week. Should this be the case, it will be discussed with you. You can then attend the rounds 3 times a week.

## ***What is discussed during the doctor's rounds?***

The doctor's rounds are about your child/children's treatment for the coming day(s). You can discuss in advance with the nurse how the past 24 hours have been and what you would like to be discussed during the doctor's rounds. Your child will be briefly introduced by the doctor. We will then discuss your and our findings and any test results. Then together we will consider how we can best support your child in the coming day(s). For example, we discuss:

- Respiratory support
- Nutrition and growth
- Development and behaviour
- Medication
- Planning of examinations such as blood tests

## ***What is your role during the doctor's rounds?***

During the doctor's rounds you can:

- Mention how you think your child is doing
- Ask questions
- Indicate your preferences in your child's treatment

You may find you have to get used to it for the first few times and are mainly listening, but that's okay. If you attend more often, you may start to feel more comfortable sharing your observations or questions.

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### ***How long does the doctor's round take?***

The doctor's rounds last a maximum of 10 minutes per child. It is not a replacement for an extended consultation with the doctor. If you have a lot of questions, the doctor and/or nurse will come back to you at a later time to answer them. We would like to discuss the following matters with you another time, for example during the weekly doctor's meeting but not during the doctor's rounds,:

- Your child's long-term plan
- Your family situation and/or personal problems as a parent/guardian
- Other (non-medical) matters related to your child's care or stay in our department

### ***Do the medical rounds always take place at the agreed time?***

A situation could arise causing a change to the agreed and desired plan. If this is known in advance, you will be informed.

We hope to have informed you sufficiently with this leaflet. You can always contact the nurses for questions and/or comments.